

## Troop 990 Lightweight Camping Checklist

updated 9/14/2012



### Notes:

avoid cotton items of any kind on a backpacking trip  
to keep weight down, try to avoid bringing things not on this list  
one or two first aid kits per patrol is sufficient

### Essentials

- Hat
- Pocket knife
- Matches (in waterproof container)
- Compass
- Headlamp or flashlight (with extra batteries/ bulbs)
- Sunglasses
- Sunscreen

### Hiking Clothing

- Quick-drying pants/shorts
- 1 or 2 Short-sleeved shirt
- Long-sleeved shirt
- underwear
- Fleece jacket or wool sweater
- Rain jacket
- Swimsuit (and optional water shoes) if a water activity

### Footwear

- 1 or 2 Hiking socks
- 1 or 2 Wicking liner socks
- Hiking boots/shoes that match the terrain

### Camping Gear

- Backpack
- Pack cover
- Tent
- Sleeping bag (in waterproof stuff sack)
- Compression sack
- Sleeping pad
- Bowl
- Spoon
- Cup or mug
- 2 liters of water bottles and/or Camelbak

### Personal Items

- Toothbrush and toothpaste
- Small bath towel

### Other/Extras

- Camera
- Scout Handbook